## FOREST AFTERNOON TEA £17.95 per person, 2pm–5pm daily



Afternoon Tea is always a treat, but here at Forest we have decided to create something a little different & very special! Did you know that our hotel, Galtres Lodge is named after the Royal Forest of Galtres? Established by the Norman kings of England the forest once extended to the city walls & comprised of 60 villages in 100,000 acres. During the second quarter of the 17th century, Galtres was subject to disafforestation as a result of the Crown's desperate need for ready money, & the forest eventually disappeared. We have taken inspiration from our history & named our restaurant Forest, and also created a "Forest Afternoon Tea" – the most exciting Afternoon Tea in York (if not beyond!)

## Piping Hot Shot Of Chef's Home-Made Soup

with an Olde York cheese straw

Balance Tea with ayurvedic, cardamom, cinnamon, fennel, & ginger, from Hebden Teas just around the corner (& on The Shambles)

Smoked Salmon Sandwiches with Cream Cheese & Pea Shoots & Hummus & Chargrilled Vegetable Wrap

Hebden Tea Lapsang Souchong created in the mountains of China with rich smoky flavour

Hot Mini Yorkshire Pudding With Swains Family Butcher Braised Beef with horseradish, & our favourite, a mini pot of cauliflower cheese

A refreshing cup of Yorkshire Tea from Taylors of Harrogate perfect pairing with your Yorkshire Pudding

Homemade Cherry Scone With Butter, Strawberry Jam & Clotted Cream &

A Slice Of Freshly Baked Victoria Sandwich Cake

Hebden Tea Red Berry Fruit Infusion, dark red tangy fruity blast of dried raspberry, apples, oranges, rosehip & hibiscus. A healthy caffeine free alternative

## The Forest Floor... Has To Be Seen To Be Believed!

A selection of today's sweet treats from the Forest kitchen... maybe some chocolate soil, or chocolate flakes, a meringue toadstool, or chocolate pebbles, and edible flowers – wait and see!

*Finish on York's own Guy Fawkes' favourite! Minty Gunpowder Tea – daring to go with your final dish!* 

If you have an allergy, or any questions about the menu, please ask a member of staff.